

## DAMES

Tps IRSO 25m	14 ans	15 ans	16 ans	17 ans	18 ans	19 ans	20 ans	21 ans et plus
50 NL	0:31,10	0:30,70	0:30,13	0:29,87	0:29,12	0:28,81	0:28,64	0:27,94
100 NL	1:07,83	1:06,96	1:05,71	1:05,13	1:03,84	1:03,17	1:02,80	1:01,25
200 NL	2:28,63	2:26,74	2:24,02	2:22,76	2:19,10	2:17,63	2:16,83	2:13,46
400 NL	5:14,30	5:10,30	5:04,58	5:01,92	4:53,39	4:50,29	4:48,60	4:41,52
800 NL	10:45,70	10:37,47	10:25,68	10:20,19	10:03,86	9:57,47	9:53,99	9:39,38
1500 NL	20:09,08	19:53,56	19:31,34	19:20,99	18:53,40	18:41,34	18:34,79	18:07,26
50 Dos	0:35,76	0:35,30	0:34,66	0:34,35	0:33,64	0:33,29	0:33,10	0:32,30
100 Dos	1:17,44	1:16,46	1:15,04	1:14,39	1:12,77	1:12,00	1:11,59	1:09,84
200 Dos	2:46,69	2:44,57	2:41,55	2:40,14	2:35,75	2:34,11	2:33,22	2:29,47
50 Bra.	0:39,34	0:38,84	0:38,13	0:37,79	0:37,02	0:36,64	0:36,42	0:35,54
100 Bra.	1:26,37	1:25,26	1:23,68	1:22,94	1:21,19	1:20,33	1:19,86	1:17,90
200 Bra.	3:05,59	3:03,21	2:59,81	2:58,23	2:53,53	2:51,69	2:50,69	2:46,47
50 Pap.	0:33,11	0:32,69	0:32,09	0:31,81	0:31,14	0:30,81	0:30,63	0:29,89
100 Pap.	1:14,91	1:13,96	1:12,60	1:11,96	1:10,38	1:09,65	1:09,24	1:07,56
200 Pap.	2:45,37	2:43,28	2:40,28	2:38,89	2:34,52	2:32,89	2:32,01	2:28,30
200 4 N.	2:45,60	2:43,47	2:40,42	2:38,99	2:36,07	2:34,42	2:33,52	2:29,73
400 4 N.	5:49,69	5:45,18	5:38,74	5:35,73	5:29,63	5:26,13	5:24,23	5:16,24

## MESSIEURS

Tps IRSO 25m	14 ans	15 ans	16 ans	17 ans	18 ans	19 ans	20 ans	21 ans et plus
50 NL	0:28,67	0:28,20	0:27,13	0:26,55	0:25,77	0:24,93	0:24,80	0:24,45
100 NL	1:02,93	1:01,90	0:59,54	0:58,27	0:56,89	0:55,05	0:54,76	0:53,99
200 NL	2:20,08	2:17,80	2:12,57	2:09,77	2:05,88	2:01,82	2:01,17	1:59,48
400 NL	4:59,16	4:54,31	4:43,19	4:37,24	4:28,16	4:19,53	4:18,14	4:14,54
800 NL	10:17,84	10:07,80	9:44,77	9:32,42	9:14,91	8:57,01	8:54,14	8:46,68
1500 NL	19:34,07	19:14,85	18:30,78	18:07,16	17:37,05	17:02,80	16:57,31	16:43,03
50 Dos	0:33,53	0:32,99	0:31,75	0:31,08	0:30,32	0:29,35	0:29,20	0:28,80
100 Dos	1:12,14	1:10,97	1:08,28	1:06,85	1:05,12	1:03,03	1:02,70	1:01,83
200 Dos	2:38,17	2:35,62	2:29,76	2:26,62	2:21,95	2:17,40	2:16,67	2:14,77
50 Bra.	0:36,61	0:36,01	0:34,65	0:33,92	0:33,10	0:32,04	0:31,87	0:31,43
100 Bra.	1:19,00	1:17,71	1:14,75	1:13,17	1:11,32	1:09,02	1:08,65	1:07,69
200 Bra.	2:52,80	2:49,98	2:43,51	2:40,05	2:35,09	2:30,07	2:29,26	2:27,17
50 Pap.	0:31,42	0:30,92	0:29,75	0:29,13	0:28,40	0:27,50	0:27,35	0:26,98
100 Pap.	1:09,96	1:08,82	1:06,23	1:04,84	1:03,15	1:01,13	1:00,81	0:59,97
200 Pap.	2:36,01	2:33,50	2:27,73	2:24,64	2:20,01	2:15,53	2:14,81	2:12,94
200 4 N.	2:35,51	2:32,96	2:27,09	2:23,95	2:20,78	2:16,22	2:15,49	2:13,59
400 4 N.	5:32,04	5:26,59	5:14,08	5:07,38	5:00,67	4:50,95	4:49,39	4:45,34