

POITOU-CHARENTES : RECORD DAMES (bassin 25m)

mise à jour du : 01/09/2010

	RECORDS TC	17 ans	16 ans	15 ans	14 ans	13 ans	12 ans
50 NL	E. N'GUESSAN SPN 25.43	A.DESTREMEAU SPN 27.50	L. LEBON SPN 28.43	M. BOUYSSOU CR 28.32	M. CHWAL SPN 28.48	M. CHWAL SPN 28.48	M. CHWAL SPN 28.69
100 NL	E. N'GUESSAN SPN 55.26	D. LACOMBE SPN 58.75	D. LACOMBE SPN 58.75	M.M-JOSEPH SPN 59.53	A. CAMELEYRE SPN 1:01.91	M. TRANCHANT SPN 1:02.61	F. GUIFFIER SPN 1:04.41
200 NL	E. N'GUESSAN SPN 2:01.46	D. LACOMBE SPN 2:05.91	D. LACOMBE SPN 2:05.91	D. LACOMBE SPN 2:05.91	L. FAURE SPN 2:10.91	V. NEVOUX SPN 2:15.22	L. NORAC USC 2:20.72
400 NL	E. N'GUESSAN SPN 4:21.03	M. M-JOSEPH SPN 4:31.17	M. M-JOSEPH SPN 4:31.17	V. NEVOUX COGNAC 4:35.53	V. NEVOUX COGNAC 4:35.53	M. MARX SPN 4:43.12	L. ALLANORE SPN 4:55.84
800 NL	E. N'GUESSAN SPN 9:16.78	A. CAMELEYRE SPN 9:19.43	A. CAMELEYRE SPN 9:19.43	A. CAMELEYRE SPN 9:19.43	M.M-JOSEPH SPN 9:32.00	A. CAMELEYRE SPN 9:49.79	L. ALLANORE SPN 10:06.82
1500 NL	S. LEROUX SPN 17:41.85	M. TRIOUX CNN 17:58.24	M. TRIOUX CNN 17:58.24	L. FAURE SPN 18:53.40	CH. MORIN CNN 18:54.03	V. NEVOUX COGNAC 19:23.25	C. RAT SPN 20:08.70
50 dos	L. GUILLOU SPN 30.75	A.DESTREMEAU SPN 30.97	A.DESTREMEAU SPN 31.43	L. SAVARIAU SPN 31.70	?	C.BAYLART ASNL 33.45	C. BAYLART ASNL 33.45
100 dos	A.DESTREMEAU SPN 1:03.94	A.DESTREMEAU SPN 1:03.94	A.DESTREMEAU SPN 1:04.94	L.SAVARIAU SPN 1:07.08	L.SAVARIAU SPN 1:07.08	L. FAURE SPN 1:09.07	A. FERRANDIS SPN 1:12.32
200 dos	A.DESTREMEAU SPN 2:15.78	A.DESTREMEAU SPN 2:15.78	A.DESTREMEAU SPN 2:15.78	L. GUILLOU SPN 2:22.09	L. FAURE SPN 2:25.30	D. RIVIERE SPN 2:28.31	A. FERRANDIS SPN 2:35.81
50 B	M. LE FRIEC SPN 32.40	M. LE FRIEC SPN 33.05	M. LE FRIEC SPN 33.05	S. IZRI CR 35.74	S. GERMAN DC 35.77	M. CHWAL SPN 36.69	M. CHWAL SPN 37.52
100 B	M. LE FRIEC SPN 1:11.31	M. LE FRIEC SPN 1:12.93	M. LE FRIEC SPN 1:12.93	?	M. RENARD SPN 1:15.57	S. GRENU CR 1:18.19	M. CHWAL SPN 1:20.68
200 B	MA. DUPUY SPN 2:33.00	S. QUEAU SPN 2:36.58	S. QUEAU SPN 2:36.58	S. QUEAU SPN 2:42.12	S. QUEAU SPN 2:42.12	B. MUREAULT SPN 2:49.99	F. LEFEBVRE SPN 2:54.53
50 Pap	B. SAGUEZ CR 26.24	J.HOURDEQUIN SPN 30.94	B. MUREAULT SPN 30.98	B. MUREAULT SPN 31.24	A. BAHUET ANC / F. GUIFFIER SPN 32.35		M. CHWAL SPN 33.21
100 Pap	M. GUILLOT DC 1:01.59	D. LACOMBE SPN 1:04.83	D. LACOMBE SPN 1:04.83	P. DUCONGE SPN 1:05.72	C. MOTTE SPN 1:09.29	F. GUIFFIER SPN 1:10.25	M. BONHIVERS CNMont 1:14.19
200 Pap	M. DRU SPN 2:22.32	C. HOCQ SPN 2:24.99	C. HOCQ SPN 2:24.99	M. NORET SPN 2:32.46	L. ALLANORE SPN 2:32.63	L. ALLANORE SPN 2:40.42	M-A DUPUY SPN 2:43.84
100 4N	A.DESTREMEAU SPN 1:07.99	A.DESTREMEAU SPN 1:07.99	A.DESTREMEAU SPN 1:08.11	A.DESTREMEAU SPN 1:08.11	F. GUIFFIER SPN 1:11.03	F. GUIFFIER SPN 1:11.03	M. CHWAL SPN 1:14.76
200 4N	S. LEROUX SPN 2:19.47	A.DESTREMEAU SPN 2:23.92	A.DESTREMEAU SPN 2:23.92	A.DESTREMEAU SPN 2:23.92	M. TRANCHANT SPN 2:28.54	L. FAURE SPN 2:30.44	L. NORAC USC 2:42.17
400 4N	S. LEROUX SPN 4:54.88	A.DESTREMEAU SPN 4:58.26	A.DESTREMEAU SPN 4:58.26	C. CLERIN SPN 5:13.13	N. SYLVESTRE SPN 5:14.78	F. GUIFFIER SPN 5:24.24	M-A DUPUY SPN 5:42.32
4x100 NL	SPN 3:52.47	SPN 3:52.47		SPN 4:09.16		SPN 4:29.32	
4x200 NL	SPN 8:36.99	SPN 8:36.99		SPN 8:56.92		SPN 9:42.55	
10x100 NL	SPN 9:59.33	SPN 9:59.33		SPN 10:44.76		CNN 12:40.05	
4x100 4N	SPN 4:19.99	SPN 4:39.99		SPN 4:39.99		SPN 5:06.10	
4x50 NL	ASPTT P 2:00.70	CR 2:04.34		SNP 2:04.63		SPN 2:05.02	
4x50 4N	ASPTT P 2:21.00	ASPTT P 2:25.21		CR 2:21.54		SPN 2:21.91	

POITOU-CHARENTES : RECORD DAMES (bassin 50m)

mise à jour du :

01/09/2010

	RECORDS TC	17 ans	16 ans	15 ans	14 ans	13 ans	12 ans
50 NL	E. N'GUESSAN SPN 25.67	A. BAHUET ANC 27.38	A. BAHUET ANC 28.37	L. SAVARIAU SPN 28.55	F. GUIFFIER SPN 29.01	M. TRANCHANT SPN 29.72	M. CHWAL SPN 30.01
100 NL	E. N'GUESSAN SPN 56.47	E. N'GUESSAN SPN 59.30	M. M-JOSEPH SPN 59.74	D. LACOMBE SPN 59.81	F. GUIFFIER SPN 1:02.07	F. GUIFFIER SPN 1:02.99	L. NORAC USC 1:06.64
200 NL	E. N'GUESSAN SPN 2:02.47	A. BAHUET ANC 2:08.36	M. M-JOSEPH SPN 2:09.19	F. GUIFFIER SPN 2:11.96	F. GUIFFIER SPN 2:11.96	F. GUIFFIER SPN 2:17.12	L. NORAC USC 2:23.78
400 NL	E. N'GUESSAN SPN 4:22.23	A. BAHUET ANC 4:27.72	A. BAHUET ANC 4:33.11	M. MARX SPN 4:39.78	A. CAMELEYRE SPN 4:41.88	F. GUIFFIER SPN 4:47.08	L. ALLANORE SPN 5:09.84
800 NL	M. DRU SPN 9:21.87	A. BAHUET ANC 9:22.17	A. CAMELEYRE SPN 9:34.31	A.DESTREMEAU SPN 9:35.98	A.DESTREMEAU SPN 9:49.59	S. BRILLET SPN 9:56.66	C. CAUMMAUT ASPTT P 10:37.84
1500 NL	S. LEROUX SPN 18:07.26	A.DESTREMEAU SPN 18:15.75	A.DESTREMEAU SPN 18:15.78	A. CAMELEYRE SPN 19:16.67	A. CAMELEYRE SPN 19:16.67	V. NEVOUX SPN 19:23.25	C. CAUMMAUT ASPTT P 21:31.80
50 dos	L. GUILLOU SPN 30.75	A.DESTREMEAU SPN 31.19	L. SAVARIAU SPN 31.45	L. SAVARIAU SPN 31.45	D. RHODEN ANC 33.77	A. FERRANDIS SPN 33.51	A. FERRANDIS SPN 36.39
100 dos	L. GUILLOU SPN 1:05.05	D. LACOMBE SPN 1:05.43	D. LACOMBE SPN 1:05.43	D. LACOMBE SPN 1:07.68	L. FAURE SPN 1:08.67	C. RAT SPN 1:12.68	E.BROUSSEGOUTT E CNN 1:14.69
200 dos	L. GUILLOU SPN 2:18.81	L. GUILLOU SPN 2:19.32	L. GUILLOU SPN 2:19.32	L. GUILLOU SPN 2:22.09	A.DESTREMEAU SPN 2:29.40	N. SYLVESTRE SPN 2:34.86	D. RIVIERE SPN 2:41.30
50 B	M. BLARY SPN 32.91	M. LE FRIEC SPN 32.95	M. LE FRIEC SPN 34.04	M. LE FRIEC SPN 34.60	S. GERMAN DC 35.74	M. CHWAL SPN 37.05	M. RENARD USC 41.63
100 B	M. LE FRIEC SPN 1:12.71	M. LE FRIEC SPN 1:13.60	M. RENARD SPN 1:15.49	M. LE FRIEC SPN 1:16.24	M. LE FRIEC SPN 1:17.27	S. GRENU CR 1:20.14	F. LEFEBVRE SPN 1:23.99
200 B	MA. DUPUY SPN 2:39.01	M. RENARD SPN 2:41.74	M. RENARD SPN 2:41.74	M. RENARD SPN 2:44.63	M. RENARD USC 2:48.56	S. GRENU CR 2:54.69	F. LEFEBVRE SPN 2:58.71
50 Pap	A. LAINE SPN 28.71	B. MUREAULT SPN 29.97	B. MUREAULT SPN 30.48	B. MUREAULT SPN 30.48	B. MUREAULT SPN 31.18	F. GUIFFIER SPN 31.29	J. GAUTIER SPN 34.97
100 Pap	M. DRU SPN 1:03.84	P. DUCONGE SPN 1:05.50	P. DUCONGE SPN 1:05.50	P. DUCONGE SPN 1:05.72	N. SYLVESTRE SPN 1:09.44	C. CARION ROC 1:13.12	L. ALLANORE SPN 1:15.63
200 Pap	M. DRU SPN 2:24.09	M. NORET SPN 2:28.65	M. NORET SPN 2:28.65	M. TULZAC SPN 2:31.99	S. MOINE SPN 2:33.31	L. ALLANORE SPN 2:42.49	L. ALLANORE SPN 2:48.81
200 4N	S. LEROUX SPN 2:21.74	A.DESTREMEAU SPN 2:25.00	A.DESTREMEAU SPN 2:26.48	A.DESTREMEAU SPN 2:26.48	A.DESTREMEAU SPN 2:30.83	F. GUIFFIER SPN 2:34.50	L. NORAC USC 2:41.41
400 4N	S. LEROUX SPN 4:58.11	A.DESTREMEAU SPN 5:06.64	A.DESTREMEAU SPN 5:09.79	A.DESTREMEAU SPN 5:16.08	A.DESTREMEAU SPN 5:18.76	F. LEFEBVRE SPN 5:37.68	K. SARRAZIN SPN 5:47.00
4x100 NL	SPN 3:57.81	SPN 3:57.81		SPN 4:09.16		SPN 4:28.28	
4x200 NL	SPN 8:42.15	SPN 8:56.21		SPN 8:56.92		SPN 10:05.62	
10x100 NL	SPN 10:16.98	SPN 10:16.98		SPN 10:44.76		SPN 11:57.02	
4x100 4N	SPN 4:22.73	SPN 4:35.38		SPN 4:41.87		SPN 5:03.50	
4x50 NL	SPN 1:57.30	SPN 1:58.47		SPN 1:58.47		CR 2:13.25	
4x50 4N	SPN 2:35.09	A ETABLIR 2:41.31		A ETABLIR 2:41.31		SPN 2:35.09	

POITOU-CHARENTES : RECORD MESSIEURS (bassin 25m)

mise à jour du :

01/09/2010

	RECORDS TC	17 ans	16 ans	15 ans	14 ans	13 ans	12 ans
50 NL	F.LEFEVRE SPN 22.76	M.DODIN CAHS 25.21	M.DODIN CAHS 25.21	M.DODIN CAHS 25.21	M.DODIN CAHS 25.21	M. DODIN CAHS 25.93	M. DODIN CAHS 30.25
100 NL	F.LEFEVRE SPN 49.73	F. BEN JEDDI SPN 52.62	F.GILOT SPN 53.42	E.POUGNAULT SPN 53.71	M. DODIN CAHS 55.03	M. DODIN CAHS 58.36	S. MOTTE SPN 1:03.09
200 NL	F. LEFEVRE SPN 1:49.48	F.LEFEVRE SPN 1:51.43	J.LEPRINCE SPN 1:56.34	F.GILOT SPN 1:58.98	JC.CLERJAUD SPN 2:03.55	S. MOTTE SPN 2:11.20	S. MOTTE SPN 2:18.17
400 NL	N.ARCANGIOLI SPN 3:55.24	F.GILOT SPN 3:59.00	F.BENJEDDI SPN 4:07.87	R.GRUET SPN 4:10.04	A.HUVELIN SPN 4:19.81	F. GILOT SPN 4:32.49	B. THEOLAT SPN 4:53.40
800 NL	F. LEFEVRE SPN 8:22.79	F.LEFEVRE SPN 8:22.79	S.PUYBOUFFAT SPN 8:34.08	F.GILOT SPN 8:43.13	F.GILOT SPN 8:55.68	S. MOTTE SPN 9:36.98	S. MOTTE SPN 9:56.36
1500 NL	F. GILOT SPN 15:48.67	M.MADELAINE SPN 16:09.37	M.MADELAINE SPN 16:09.37	F.GILOT SPN 16:30.92	F. GILOT SPN 16:57.09	S. MOTTE SPN 17:56.38	S. MOTTE SPN 18:37.97
50 dos	F. SOUTHON SPN 26.76	Q. TRILAUD ANC 28.64	N.PRINTEMPS CR 30.05	A. DE PUYT COGNAC 30.77	A.BOURRAINE SNP 31.28	N.JEANNEAU CNN 31.97	P.H ARRENOUS ASPTT P 35.82
100 dos	F. SOUTHON SPN 55.82	S.ZAUPA SPN 59.46	S.ZAUPA SPN 1:00.87	S.ZAUPA SPN 1:01.33	R. GRUET SPN 1:04.32	S. ZAUPA SPN 1:07.15	S. MOTTE SPN 1:12.59
200 dos	F. SOUTHON SPN 2:00.20	J.LEPRINCE SPN 2:05.36	S.MOTTE SPN 2:09.91	S.MOTTE SPN 2:12.63	S. MOTTE SPN 2:18.98	S. MOTTE SPN 2:24.83	S. MOTTE SPN 2:34.32
50 B	F. LEFEVRE SPN 28.79	A.MALAUSENA CNS 31.63	P.GERMOND CR 32.51	C.SOHAS SPN 33.14	J. PELLAT ROC 33.78	J. PELLAT ROC 32.96	J. PELLAT ROC 37.00
100 B	F. LEFEVRE SPN 1:02.12	N.GOSSELET SPN 1:04.82	S.PIOT SPN 1:07.52	K.TOULET SPN 1:08.51	C. SOHAS SPN 1:09.94	J. PELLAT ROC 1:11.31	M. AURIAC ROC 1:17.79
200 B	F. LEFEVRE SPN 2:14.04	N. GOSSELET SPN 2:22.29	N.GOSSELET SPN 2:23.15	B.THEVENET SPN 2:24.06	R. GRUET SPN 2:33.04	J. PELLAT ROC 2:36.25	E. PAPET CNN 2:50.56
50 Pap	JM.DUBRASQUET SPN 25.12	J.VALL SPN 27.62	D.DUBOC RNC 28.38	M.BARREAU SNP 29.00	M.BARREAU SNP 29.00	M. BARREAU SNP 30.31	P.H ARRENOUS ASPTT P 32.62
100 Pap	JM.DUBRASQUET SPN 54.45	E.POUGNAULT SPN 57.41	E.POUGNAULT SPN 58.07	E.POUGNAULT SPN 58.07	R. GRUET SPN 1:03.48	S. MOTTE SPN 1:07.73	S.MOTTE SPN 1:11.78
200 Pap	F. LEFEVRE SPN 2:03.95	B.PETIT SPN 2:05.41	E.POUGNAULT SPN 2:05.41	S.PUYBOUFFAT SPN 2:11.51	S. MOTTE SPN 2:19.11	S. MOTTE SPN 2:25.98	S.MOTTE SPN 2:39.89
100 4N	R. GRUET SPN 59.35	A.HUVELIN SPN 1:05.03	A.HUVELIN SPN 1:05.03	M.DODIN CAHS 1:09.92	C. SOHAS SPN 1:08.86	M. DODIN CAHS 1:12.16	T. LIBOZ SPN 1:17.03
200 4N	F. LEFEVRE SPN 1:59.70	R. GRUET SPN 2:07.65	R.GRUET SPN 2:09.12	R.GRUET SPN 2:12.52	R. GRUET SPN 2:19.17	S. ZAUPA SPN 2:26.12	S. MOTTE SPN 2:38.35
400 4N	F. LEFEVRE SPN 4:14.91	F.LEFEVRE SPN 4:24.93	R. GRUET SPN 4:30.28	E.POUGNAULT SPN 4:38.98	R. GRUET SPN 4:48.18	I.BOUSSEGOUTT CNN 5:09.63	S. MOTTE SPN 5:24.06
4x100 NL	SPN 3:21.61	SPN 3:41.75		SPN 3:55.01		CR 4:32.72	
4x200 NL	SPN 7:30.27	SPN 8:12.27		SPN 8:51.69		SPN 10:08.19	
10x100 NL	SPN 8:35.73	SPN 9:39.26		SPN 10:35.78		SPN 13:02.60	
4x100 4N	SPN 3:44.42	SPN 4:11.32		SPN 4:22.54		SPN 5:15.51	
4x50 NL	ASPTT P 1:44.38	CR 1:50.00		CNN 1:55.00		CNN 2:03.50	
4x50 4N	CR 1:58.82	CR 2:06.62		CR 2:15.02		ASPTT P 2:26.31	

POITOU-CHARENTES : RECORD MESSIEURS (bassin 50m)

mise à jour du :

01/09/2010

	RECORDS TC	17 ans	16 ans	15 ans	14 ans	13 ans	12 ans
50 NL	F. LEFEVRE SPN 23.53	C. RASSAT ANC 24.66	M. DODIN CAHS 25.05	M. DODIN CAHS 25.05	M. DODIN CAHS 25.11	M. DODIN CAHS 27.32	C. SOHAS ASPTT Saintes 31.08
100 NL	F. LEFEVRE SPN 50.77	F. LEDOUX SPN 53.02	F. GILOT SPN 54.12	F. GILOT SPN 54.91	M. DODIN CAHS 56.54	F. GILOT SPN 1:01.05	P. BRAX 1:04.10
200 NL	F. BEN JEDDI SPN 1:52.19	F. BEN JEDDI SPN 1:56.35	F. GILOT SPN 1:57.26	F. GILOT SPN 1:58.98	F. GILOT SPN 2:04.91	F. GILOT SPN 2:14.87	S. MOTTE SPN 2:21.98
400 NL	F. BEN JEDDI SPN 4:00.54	S.PUYBOUFFAT SPN 4:06.67	S.PUYBOUFFAT SPN 4:11.60	F. GILOT SPN 4:16.85	M. ALLARD SPN 4:27.34	R. GRUET SPN 4:48.19	S. MOTTE SPN 4:52.22
800 NL	R. GRUET SPN 8:36.05	S.PUYBOUFFAT SPN 8:41.27	S.PUYBOUFFAT SPN 8:46.45	A. GALAND SPN 9:01.17	F. GILOT SPN 9:17.43	JC. CLERJAUD SPN 9:59.41	S. MOTTE SPN 10:35.20
1500 NL	R. GRUET SPN 16:09.46	T. LALOT DC 16:22.69	T. LALOT DC 16:22.69	F. GILOT SPN 17:05.73	F. GILOT SPN 17:30.09	R. AABKARI SPN 18:50.53	S. MOTTE SPN 20:18.19
50 dos	F. SOUTHON SPN 27.47	Q. TRILLAUD ANC 28.95	Q. TRILLAUD ANC 29.62	A. DE PUYDT COGNAC 31.13	N.JEANNEAU CNN 30.91	A.BOURRAINE SNP 34.03	M. DODIN CAHS 36.17
100 dos	F. SOUTHON SPN 58.03	P. BECAUD SPN 1:01.59	C.ROWARCH SPN 1:02.28	P.BECAUD SPN 1:03.60	R. GRUET SPN 1:04.32	I.BOUSSEGOUTT CNN 1:10.81	S. MOTTE SPN 1:15.17
200 dos	F. SOUTHON SPN 2:04.55	C. ROWARCH SPN 2:11.17	Q. TRILLAUD ANC 2:12.29	S. MOTTE SPN 2:15.35	P.BECAUD SPN 2:21.10	I.BOUSSEGOUTT CNN 2:32.26	S. MOTTE SPN 2:38.56
50 B	F. LEFEVRE SPN 29.14	F.CHARBONNEAU CNN 31.96	C. SOHAS SPN 32.52	J. PELLAT ROC 33.05	J. PELLAT ROC 33.57	J. PELLAT ROC 33.30	J. PELLAT ROC 37.88
100 B	F. LEFEVRE SPN 1:03.85	N.GOSSELET SPN 1:06.83	N.GOSSELET SPN 1:08.19	B. THEVENET SPN 1:10.48	R. GRUET SPN 1:11.42	E. PAPET CNN 1:16.15	M. AURIAC ROC 1:22.20
200 B	M. GILLET SPN 2:20.19	N.GOSSELET SPN 2:26.56	R. GRUET SPN 2:28.71	R. GRUET SPN 2:30.65	R. GRUET SPN 2:32.65	E. PAPET CNN 2:44.02	C. AUCHER CNBB 2:56.10
50 Pap	R. BRESSANT SPN 25.30	M. DODIN CAHS 27.88	M. DODIN CAHS 27.88	M. DODIN CAHS 27.88	M.BARREAU SNP 29.07	J. PELLAT ROC 30.93	M.BARREAU SNP 33.63
100 Pap	JM. DUBRASQUET SPN 55.70	E.POUGNAULT SPN 57.41	E.POUGNAULT SPN 59.16	F. RAUX CR 1:02.31	M. BARREAU SNP 1:05.15	S. MOTTE SPN 1:09.85	S. MOTTE SPN 1:12.52
200 Pap	F. BEN JEDDI SPN 2:05.38	E.POUGNAULT SPN 2:08.85	E. POUGNAULT SPN 2:11.67	B. MAROT SPN 2:18.44	G. CORTES RNC 2:24.64	S. MOTTE SPN 2:33.24	S. MOTTE SPN 2:51.79
200 4N	F. LEFEVRE SPN 2:02.70	R. GRUET SPN 2:10.81	R. GRUET SPN 2:14.96	R. GRUET SPN 2:15.91	R. GRUET SPN 2:18.58	I.BOUSSEGOUTT CNN 2:31.51	S. MOTTE SPN 2:43.62
400 4N	F. LEFEVRE SPN 4:23.27	R. GRUET SPN 4:36.27	R. GRUET SPN 4:42.28	R. GRUET SPN 4:48.23	R. GRUET SPN 4:55.10	R. GRUET SPN 5:19.24	S. MOTTE SPN 5:45.81
4x100 NL	SPN 3:29.32	SPN 3:42.78		SPN 3:55.01		SPN 4:44.23	
4x200 NL	SPN 7:35.84	SPN 7:53.61		SPN 8:51.84		SPN 10:20.15	
10x100 NL	SPN 8:55.52	SPN 9:39.26		SPN 10:35.78		SPN 13:02.60	
4x100 4N	SPN 3:53.21	SPN 4:09.16		SPN 4:26.84		SPN 5:29.48	
4x50 NL	SPN 1:40.41	SPN 1:40.41		A ETABLIR 2:11.89		CR 2:08.78	
4x50 4N	CR 2:31.65	A ETABLIR 2:33.24		A ETABLIR 2:33.24		CR 2:31.65	